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*Action Research: A Tool for Improving Teacher Quality and Classroom Practice*

Action research is a tool that is used to help teachers and other educators uncover strategies to improve teaching practices (Sagor, 2004), thus, it is a viable and realistic endeavor for all educators. Action research requires teachers to design a study in an area of interest that they would like to carry out in their classrooms or schools. Many times, action research is considered a professional development opportunity because, frequently, teachers test a new instructional strategy, assess a new curriculum program, or evaluate an existing pedagogical method. In many research studies, participating in action research has been found to be the impetus for positive change. Examples of positive change include teacher improvement, self-reflection, and overall learning that enhances classroom practices (Ferrance, 2000; Johnson & Buton, 2000; Ross, Rolheiser, & Hogoboam-Gray, 1999; Sax & Fisher, 2001). These forms of change may impact teacher quality.

This study looks at the role action research may play in creating positive change in teachers' practices. It examines the experiences and insights of 34 graduate students in an elementary education masters degree program as they engaged in an action research project during two required action research courses over a year's span. The study follows students from the proposal stage through the final presentation stage. In phase one, data were collected after the introductory action research course which includes the proposal process. Data were collected

#### **A SCAFFOLD FOR THE RESEARCH ACTION PLAN - STAGE 5 GEOGRAPHY**

The following provides a simple scaffold for undertaking the Stage 5 Geography Syllabus requirement for students to "investigate a geographical issue through field work by developing and implementing a research action plan" (BOS 2003, p.41).

The example worked through in the scaffold is the "Urban Growth and Decline" topic as it relates to the fieldwork program Waterfront Workout by run by the Observatory Hill Environmental Education Centre.

The syllabus defines a research action plan as:

*A plan for achieving a research task. It involves identifying an aim, asking specific geographical questions, identifying the data needed and the time and resources available.*  
(p.87)

It also specifies (p.17) that the following steps should be taken in the development of a Research Action Plan:

- Step 1** - Identify the aim/purpose of the investigation.
- Step 2** - Generate a number of focus question to be addressed by the investigation.
- Step 3** - Decide which primary and secondary data are needed to answer the focus questions.
- Step 4** - Identify the techniques that will be used to collect the data.
- Step 5** - Collect primary and secondary data.
- Step 6** - Process and analyse the data collected.
- Step 7** - Select presentation methods to communicate the research findings effectively.
- Step 8** - Propose individual or group action in response to the research findings and, where appropriate, take such action.

A methodical and well-structured Research Action Plan in Stage 5 is an extremely useful precursor to the Senior Geography Project in Stage 6. Although not as detailed the Stage 5 Research Action Plan involves many of the same research and documentation strategies and gives a prospective Stage 6 students a very good grounding in geographical research processes.

Literature Review Assignments

Due date: Week 9, Tuesday, March 20, 2007

Draft # 2 Literature Review will include a revised version of draft #1 plus a coherent, comprehensive literature review of at least 12 sources presented in an integrative and critical fashion, and a revised reference page (only those 12 sources referenced in the paper should be cited), plus a bibliography, maintaining APA style.

Literature Review is a coherent essay of a literature review. It will be a review of the literature directly related to the topic or problem under study, followed by an explanation of how your research question grows out of that review, that is, showing how you identify your own research focus in term of "gap" in previous research. The purpose of the literature review is to know what others have discovered before you begin your investigation of your own, to ground your study in a particular context of what is known about a subject in order to establish a foundation for the topic (or question) being researched.

The purpose of this assignment is to facilitate your abilities to research a topic of study so you can learn to (1) identify and formulate an inquiry question that defines what you'd like to learn, (2) know how to search and locate literature (eg. Journal articles) using library and internet resources; (3) analyze information found in educational journal articles, and (4) synthesize new knowledge into a written literature review and (5) establish context for your inquiries.

Assignment Description:

For this assignment you are asked to complete a literature review on an educational topic of your choice. You are asked to locate at least 12 (8+4) educational journal articles on your topic and write a 5-6 page literature review on the articles you've selected.

Steps to complete your literature review:

- 1. Choose an educational topic that you are interested in studying (you've done this in you Introduction draft).
2. Formulate an inquiry question that specifically describes what would like to know about your educational topic (you've done this in you Introduction draft, but you can always refine your inquiry questions after you know more about your area through reading the literature).
3. Go to the library to search for and locate journals that include your topic's information (You learned how to do this during your library time).
4. Find articles, read the abstracts and skim the articles to determine if they correspond well to your topic AND inquiry question.
5. Select at least 12 journal articles and photocopy them for your project.
6. Read your articles and begin to sort and classify them according to their findings

Action Research

Action research can be defined as research carried out within your practice to improve pedagogy to support student attainment and achievement. Action research is an inquiry method that helps you to interrogate and reflect on your own practice. Action research can be carried out individually or in collaboration with others. When teachers write lesson plans or develop academic programs, they are engaged in the action planning process so the process is not unfamiliar.

Step 1: Identifying the Focus

What element(s) of my/our practice or what aspect of student learning do we wish to investigate?

Step 2: Use research to inform your thinking

What is already known in this area?

Step 3: Identify your specific focus

Generate a set of meaningful research questions to guide the inquiry.

Step 4: Plan and implement your intervention

What change are you going to make? How will you measure the impact of this change?

Step 5: Gather Data

Most teacher researchers use a process called triangulation to enhance the validity and reliability of their findings by using multiple data sources. There is lots of evidence already in everyday practice as the key to managing triangulated data collection is, first, to be effective and efficient in collecting the data available to you on a daily basis, and, second, to identify other sources of data for example tests, observation check sheets, or questionnaires.

Step 6: Analyzing Data

What is the story told by these data sources? Why did the story play itself out this way?

Step 7: Evaluate and report the results

How does the data story support the pupils' attainment and achievement?



CHAPTER ELEVEN

Action Research

Arnie Burns

Action research (AR) is a process in which teachers or other professionals in education or other fields use a cycle of planning, acting, observing, and reflecting to improve their practice. It is a form of self-reflection and self-improvement that is grounded in the real world of practice.

Underlying assumptions and methodology: What action research? All action research is based on the idea that people can learn from their own experiences and that of others. It is a process of self-reflection and self-improvement that is grounded in the real world of practice.

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What is the nature of action research? How does action research develop in the classroom? What models of action research work best for your classroom? What are the epistemological, ontological, theoretical underpinnings of action research? Educational research provides a vast landscape of knowledge on topics related to teaching and learning, curriculum and assessment, students' cognitive and affective needs, cultural and socio-economic factors of schools, and many other factors considered viable to improving schools. Educational stakeholders rely on research to make informed decisions that ultimately affect the quality of schooling for their students. Accordingly, the purpose of educational research is to engage in disciplined inquiry to generate knowledge on topics significant to the students, teachers, administrators, schools, and other educational stakeholders. Just as the topics of educational research vary, so do the approaches to conducting educational research in the classroom. Your approach to research will be shaped by your context, your professional identity, and paradigm (set of beliefs and assumptions that guide your inquiry). These will all be key factors in how you generate knowledge related to your work as an educator. Action research is an approach to educational research that is commonly used by educational practitioners and professionals to examine, and ultimately improve, their pedagogy and practice. In this way, action research represents an extension of the reflection and critical self-reflection that an educator employs on a daily basis in their classroom. When students are actively engaged in learning, the classroom can be dynamic and uncertain, demanding the constant attention of the educator. Considering these demands, educators are often only able to engage in reflection that is fleeting, and for the purpose of accommodation, modification, or formative assessment. Action research offers one path to more deliberate, substantial, and critical reflection that can be documented and analyzed to improve an educator's practice. Purpose of Action Research As one of many approaches to educational research, it is important to distinguish the potential purposes of action research in the classroom. This book focuses on action research as a method to enable and support educators in pursuing effective pedagogical practices by transforming the quality of teaching decisions and actions, to subsequently enhance student engagement and learning. Being mindful of this purpose, the following aspects of action research are important to consider as you contemplate and engage with action research methodology in your classroom: Action research is a process for improving educational practice. Its methods involve action, evaluation, and reflection. It is a process to gather evidence to implement change in practices. Action research is participative and collaborative. It is undertaken by individuals with a common purpose. Action research is situation and context-based. Action research develops reflection practices based on the interpretations made by participants. Knowledge is created through action and application. Action research can be based in problem-solving, if the solution to the problem results in the improvement of practice. Action research is iterative; plans are created, implemented, revised, then implemented, lending itself to an ongoing process of reflection and revision. In action research, findings emerge as action develops and takes place; however, they are not conclusive or absolute, but ongoing (Koshy, 2010, pgs. 1-2). In thinking about the purpose of action research, it is helpful to situate action research as a distinct paradigm of educational research. I like to think about action research as part of the larger concept of living knowledge. Living knowledge has been characterized as "a quest for life, to understand life and to create... knowledge which is valid for the people with whom I work and for myself" (Swantz, in Reason & Bradbury, 2001, pg. 1). Why should educators care about living knowledge as part of educational research? As mentioned above, action research is meant "to produce practical knowledge that is useful to people in the everyday conduct of their lives and to see that action research is about working towards practical outcomes" (Koshy, 2010, pg. 2). However, it is also about: creating new forms of understanding, since action without reflection and understanding is blind, just as theory without action is meaningless. The participatory nature of action research makes it only possible with, for and by persons and communities, ideally involving all stakeholders both in the questioning and sense making that informs the research, and in the action, which is its focus. (Reason & Bradbury, 2001, pg. 2) In an effort to further situate action research as living knowledge, Jean McNiff reminds us that "there is no such 'thing' as 'action research'" (2013, pg. 24). In other words, action research is not static or finished, it defines itself as it proceeds. McNiff's reminder characterizes action research as action-oriented, and a process that individuals go through to make their learning public to explain how it informs their practice. Action research does not derive its meaning from an abstract idea, or a self-contained discovery - action research's meaning stems from the way educators negotiate the problems and successes of living and working in the classroom, school, and community. While we can debate the idea of action research, there are people who are action researchers, and they use the idea of action research to develop principles and theories to guide their practice. Action research, then, refers to an organization of principles that guide action researchers as they act on shared beliefs, commitments, and expectations in their inquiry. Reflection and the Process of Action Research When an individual engages in reflection on their actions or experiences, it is typically for the purpose of better understanding those experiences, or the consequences of those actions to improve related action and experiences in the future. Reflection in this way develops knowledge around these actions and experiences to help us better regulate those actions in the future. The reflective process generates new knowledge regularly for classroom teachers and informs their classroom actions. Unfortunately, the knowledge generated by educators through the reflective process is not always prioritized among the other sources of knowledge educators are expected to utilize in the classroom. Educators are expected to draw upon formal types of knowledge, such as textbooks, content standards, teaching standards, district curriculum and behavioral programs, etc., to gain new knowledge and make decisions in the classroom. While these forms of knowledge are important, the reflective knowledge that educators generate through their pedagogy is the amalgamation of these types of knowledge enacted in the classroom. Therefore, reflective knowledge is uniquely developed based on the action and implementation of an educator's pedagogy in the classroom. Action research offers a way to formalize the knowledge generated by educators so that it can be utilized and disseminated throughout the teaching profession. Research is concerned with the generation of knowledge, and typically creating knowledge related to a concept, idea, phenomenon, or topic. Action research generates knowledge around inquiry in practical educational contexts. Action research allows educators to learn through their actions with the purpose of developing personally or professionally. Due to its participatory nature, the process of action research is also distinct in educational research. There are many models for how the action research process takes shape. I will share a few of those here. Each model utilizes the following processes to some extent: Plan a change; Take action to enact the change; Observe the process and consequences of the change; Reflect on the process and consequences; Act, observe, & reflect again and so on. Figure 1.1 Basic action research cycle There are many other models that supplement the basic process of action research with other aspects of the research process to consider. For example, figure 1.2 illustrates a spiral model of action research proposed by Kemmis and McTaggart (2004). The spiral model emphasizes the cyclical process that moves beyond the initial plan for change. The spiral model also emphasizes revisiting the initial plan and revising based on the initial cycle of research: Figure 1.2 Interpretation of action research spiral, Kemmis and McTaggart (2004, p. 595) Other models of action research reorganize the process to emphasize the distinct ways knowledge takes shape in the reflection process. O'Leary's (2004, p. 141) model, for example, recognizes that the research may take shape in the classroom as knowledge emerges from the teacher's observations. O'Leary highlights the need for action research to be focused on situational understanding and implementation of action, initiated organically from real-time issues: Figure 1.3 Interpretation of O'Leary's cycles of research, O'Leary (2000, p. 141) Lastly, Macintyre's (2000, p. 1) model, offers a different characterization of the action research process. Macintyre emphasizes



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